

TWEED HEADS PUBLIC SCHOOL NEWSLETTER

Good • True • Beautiful



Upcoming Events...

Monday 17 March 2014 - Term 1 Week 8

Wed 19 March	National Ride2School Day Senior Citizens' Concert Book Club Due	Fri 4 April	Billy Tea Bush Dance - for students Community Bush Dance - Evening (For parents & students)
Thurs 20 March	Harmony Day - Orange Mufti Day (Gold Coin Donation)	Sun 6 April Fri 11 April	End of Daylight Saving Last Day of Term 1
Fri 21 March	Cricket - Years 2 & 3		
Mon 24 March	P&C Meeting at 6pm (library)	Mon 28 April	SDD - First Day of Term 2 for Staff Only
Thurs 27 March	TRHS Visit - Stage 3	Tues 29 April	First Day of Term 2 for Students

What's happening in our school community...

Hip hip hooray for our Swimming Champion Indiana!

Last week Indiana attended the North Coast PSSA 2014 Swimming Championships in Lismore. We are very proud of Indiana's achievements at this very competitive swimming event where she was recognised as the '11 Years Girls Champion'. Our swimming champion, Indiana, is very humble and modest about her achievement. We would all like to say loudly and proudly, "Great Work Indiana!"

National Ride2School Day

It's this week! Wednesday morning we all ride! And what a huge turn out we have this time with nearly 50 students K-6 taking part in the early morning ride to school. With well over 20 K-2 students taking part, it also means we have well over 20 parents/adults joining in the fun too! Great work everyone. We are looking forward to our biggest ride to school day ever with seven staff members also getting on their bikes to join in the fun. Please remember to get to your chosen start point to be ready to ride off with the group. By the time we get to our final pick up point No. 4 the K-2 scooters group at the flag pole in Jack Evans Harbour, our group will be quite large and will look quite spectacular all travelling to school together.

Senior Citizens' Concert

We look forward to acknowledging and honouring all of our Senior Citizens' in our school community at our special concert and morning tea on Wednesday morning. The concert begins at 9:30am with morning tea served to our special Senior Citizens' guests straight after the concert. We hope that you have all invited your own special senior citizens from within your own family. All of our students are

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This Newsletter is distributed weekly

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 School P&C Association meets monthly. Please refer to our school calendar.

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very excited about putting on this special concert for our special guests on Wednesday.

Early Morning Arrivals

Referring to the note in an earlier newsletter reminding parents/carers/students about getting to school too early. There are still too many students at school too early!

Students being dropped off or walking/riding to school should not be at school before 8:30am. Teachers are not on duty until 8:30am. Students dropped off or arriving before 8:30am are not supervised. Please assist by organising alternate child care until this time.

Student Reports and Teacher/Parent-Carer Interviews

Term 1 reports will be sent home on Friday 28 March. A note from the classroom teacher will also be sent home to Parents/Carers inviting you to attend a Parent/Teacher interview. The interview and Term 1 report will inform you on how your child has started the new school year and will also provide information on the directions for your child for the remainder of Semester 1 and beyond. When the invitation for an interview arrives home please take advantage of this opportunity to meet with your child's classroom teacher and return the note with your preferred times as soon as possible.

Jacquie McAllum

Principal

Ride2School Day Wednesday 19 March

Collection Points

- #1 - 7.45am meet at Bilinga Cycle path opposite Gibson Street.
- #2 - 8.05am meet at Greenmount Beach opposite McDonalds.
- #3 - 8.20am meet at Keith Compton Drive car turning circle past Tweed Hospital.
- #4 - 8.35am meet at Jack Evans Harbour near the flagpole surrounded by the children statues.
(K-2 Scooters only)

Students in Years 3-6 with written parent/carer permission.

Students in Kindergarten—Year 2 **accompanied by an adult riding or supervising.**

Teachers will be riding with the students.

Requirements:

- Bicycle riders and scooters—well fitted helmet made secure and comfortable before leaving home. A bike that has been checked carefully (tyres, chain and brakes).
- Skateboards - must wear well fitted helmets and protective gear.
- Drink bottle in case you get thirsty.



Sleep is Good For Our Kids

Did you know that this **Friday 14 March** is *World Sleep Day*? For too long we've under-estimated the impact that a good night's sleep has on children's well-being, behaviour and their learning. According to a recent British study into sleep habits, regularity of sleeping habits and routine are the keys to kids' well-being and better cognitive functioning when it comes to sleep. The sleep clock loves routine & regularity. So do kids – they're routine junkies. Regularity & routines are the two keys to a good night's sleep for most kids. Here are 3 tips for a better night's sleep for kids:

1. Stick to the one hour variation rule: Alter bedtimes by no more than one hour on weekends and other nights.
2. Make the time before bed CEFB-free: That is, no caffeine, no vigorous exercise, no heavy food, no hot baths before bed-time.
3. Establish sleep-trigger rituals to trick the brain into sleeping: Stick to tried and true sleep rituals such as reading, or teeth, toilet & story.

Library News

Due to the new look library (new paint & soon to be new shelves), a lot of older & slightly tatty books are being culled or discarded. These are usually quite good reading books or information books. We are going to be selling them for 10 cents each!!!! So come in & have a browse and maybe pick up a bargain. Wednesdays after 10am are a good time for looking as there are no classes in the library.

Kerry Underwood

Teacher Librarian

Harmony Day

On **Thursday 20 March** THPS are having a Mufti day to celebrate Harmony Day. Students are to wear something **orange** and bring a gold coin donation. The donations will go towards SRC fundraising for toys for the school sandpit.

**Book
Club
Due
Date**

**Wednesday
19th
March**



Kindergarten Photos - Daily News

Our Kindergarten Photos for the Daily News newspaper were recently taken. We have been informed that they will be in the newspaper on Saturday 29 March.

School Library Bags

School library bags will no longer be available at the school office. In their current form the library bags have proved to be impractical for large library books. The current stock has been exhausted with only one bag remaining for sale. It is recommended that parents source a suitable replacement as all students require a library bag to borrow books.

P&C News

P&C MEETING

The next P&C Meeting will be **Monday 24 March** at **6 pm** in the school library. Everyone is welcome to come along.

THE BILLY BUSH FAMILY DANCE - EVENING

Please join us on **Friday 4 April** for the Billy Tea Bush Family Dance and Picnic at 6.00pm in the school hall. Please bring along a rug, picnic tea and dancing shoes for a great evening. The P&C will be supplying light refreshments to purchase during the bush dance.

UNIFORMS

More uniforms have arrived, so if you need any please see Donna at the uniform shop in the canteen building on Friday morning between 8.30am to 10.30am.

CANTEEN VOLUNTEERS

We are still in need of Canteen Volunteers on Wednesdays and Fridays. The canteen being open on both days is dependent on volunteer help so if you are able to help even just one or two days in the term please let Fine in the Canteen know.

End Daylight Saving

Don't forget - Daylight saving ends on **Sunday 6 April 2014**, at **3:00 am** when clocks will be put **back one hour**.



SRC - Student Representative Council 2014

The photo above shows our new 2014 SRC Members for 2014.

KM	Haillie and Lucien
K/1F	Jolene and Kobi
1M	Keziah and Kailash
2C	Charlee and Jak
3/2F	Bella and Ricco
3S	Auburn and Isaac
4M	Mary-Jane and Samba
6/5C	Lily and Lachlan
6/5R	Indiana and Dayne

**TWEED HEADS PUBLIC SCHOOL
SENIOR CITIZENS CONCERT
&
MORNING TEA**

**WEDNESDAY 19TH MARCH 2014
9:30AM**

SCHOOL ASSEMBLY HALL

**All Grandparents and Senior Citizens
are welcome.**

**Morning tea will be served by the Year 6
children after the concert.**