

Tweed Heads Public School Newsletter

Monday 9 February 2015 - Term 1 Week 3

Upcoming Events...

Tues 10 Feb	Swimming Carnival - 5.30pm at Club Banora Pool
Mon 16 Feb	P&C Meeting & Pizza Night - 6pm (Library)
Wed 18 Feb	<i>First Assembly - 2pm (All welcome)</i> Bookclub Due
Tues 3 March	Kinder Photos taken - Daily News
Fri 6 March	TRHS Sports Taster Day
Wed 11 March	<i>Next Assembly - 2pm</i>
Fri 13 March	National Ride2School Day
Fri 20 March	School Photos
Wed 25 March	<i>Next Assembly - 2pm</i>
Fri 27 March	TRHS Maths Olympiad - Years 5 & 6



What's happening in our school community...

Term 1 2015 is now well underway. The first ten days of the school year we call the "Establishment Phase" where students become orientated to their new learning environment with a different peer group and often a different teacher. In the "Establishment Phase" there is a focus on developing a shared understanding of class rules, routines and expectations in work and behaviour. It is in this phase that teachers and students develop and strengthen their rapport and get to know and understand each other. This continues throughout the school year. In the first few weeks of the new school year it is vital that the students are settled, comfortable, and happy in their new environment. From my personal observations this has been achieved quite successfully. Each classroom that I visit I see settled, focused and smiling students. It's great to know THPS students enjoy being back at school.

During the "Establishment Phase" teachers analyse the data and information about each student's strengths and areas of need that are collected in the previous school year and the planning, programming and learning begins. There is no time under utilised in the "Establishment Phase" of Term 1.

At the conclusion of the term an Interim Student Report is provided to parents/carers. The purpose of this report is to provide a summary of how the students are progressing and achieving in their new class group. The school has chosen to deliver an Interim Report and conduct interviews at the end of Term 1 as we believe this gives an early report to parent/carers and any required follow up between home and school can be addressed early in the school year. During the course of Term 1 informal communications can and will also occur between parent/carers and teachers.

Staff Mandatory Training Updates

For the information of parents/carers the school would like to advise that all staff have recently been certified as completing mandatory training in Emergency Care, Anaphylaxis and Asthma. Staff will also complete mandatory training in Child Protection during this term.

All students with medical health care needs require a Health Care Plan and students with Asthma and Anaphylaxis require doctor certification of this for the school records. Office staff will contact parent/carers if this has not yet been provided.



Jacquie McAllum - Principal

Ph: 07 5536 1351 Fax: 07 5536 8092

Stuart Street (P.O.Box 60)
Tweed Heads NSW 2485

tweedheads-p.school@det.nsw.edu.au
www.tweedheads-p.schools.nsw.edu.au

School P&C Association meets monthly.
Please refer to our school calendar.



Good True Beautiful

Allergy and Anaphylaxis Management

To reduce the risk of Anaphylactic reactions occurring in diagnosed Anaphylactic and possibly undiagnosed students, parents/ carers are asked to refrain from sending nuts or nut products to the school with their children. This includes peanuts, tree nuts or any nut products. This does not include foods labelled as "may contain traces of nuts." Peanuts, tree nuts and nut products will not be used in any way in teaching and learning activities or included as rewards or treats.

Jacquie McAllum

Principal

Swimming Carnival

Tweed Heads Public School will be hold our Annual Swimming Carnival tomorrow **Tuesday 10 February** at **Club Banora Pool** commencing at **5.30pm**. The carnival is being held at this time due to the pool being heavily booked during the day. It also gives parents the opportunity to attend and gets children out of the sun during the hottest part of the day.

All children attending will need to have a parent/guardian with them who will stay at the pool for the duration of the carnival.

The carnival is for students in Years 3-6 as well as those students in Year 2 who are strong swimmers and turn eight (8) this year. Children will travel to and from the carnival with their parents. Please ensure your child has appropriate food and drinks or money to buy items from the canteen. Children may wear their house colours or their school uniform.

Amendment: Entry to the pool has been increased to \$4.00. Parents attending are required to pay. Non-swimmers are welcome to attend and support their house.

NO STUDENT FROM THPS WILL BE ALLOWED IN THE LEISURE POOL DURING THE CARNIVAL. THIS INCLUDES NON-SWIMMERS.

All permission notes need to be returned to the office by Tuesday morning 10 February.

M.McNamara - Sports Coordinator

Sports Captains 2015

	<u>Captains</u>	<u>Vice Captains</u>
<u>Bradman</u>	Dayne Lily	Leonell Chloe
<u>Fraser</u>	Kaden Ava	Milo Mya
<u>Freeman</u>	Samba Raya	Teme Para Aaliyah
<u>Perkins</u>	Matthew Indiana	Taj Molly

3F 'Junk Request'

3F have requested any small bits of junk eg. egg cartons, toilet rolls, small boxes etc suitable for student construction.

School Badges

Very soon appointed students will receive school badges. These include House Captains, Prefects and Student Representative Council (SRC) members. Students will be issued with one badge during the year. Lost badges will incur a fee of \$5 to be replaced.

Special Religious Education - Scripture

Scripture will commence in **Week 4** on **Thursday 19 February**.

P&C News

P&C MEETING/Meet Your School P&C Pizza Night

The next meeting will be held on **Monday 16 February** at **6pm** (NSW) in the library. Everyone is welcome to come along.

Take a break from cooking and bring the family along to meet the THPS P&C. Pizza and refreshments will be provided at the 'Meet & Greet' followed by a brief talk about the role of the P&C and a 'Back to School' report by Mrs McAllum.

Elections will also be held for 2015 P&C positions so if you are interested or would like more information make sure to attend or leave your name at the office and we will be in contact with you beforehand. This is a great way to meet other families in the school and learn about upcoming events. We hope to see many new and old faces there.

You can also follow us on Facebook @Tweed Heads Public School P&C Association

Canteen News

Reopening Wednesday 11 February

The canteen will reopen on **Wednesday 11 February**. Opening days will be Mondays, Wednesdays and Fridays. Orders should be written on a paper bag and include correct money.

The P&C would like to thank everyone who has volunteered their time to help in the school canteen. A roster will be available shortly.

Uniform Shop

The final day to order Year 6 shirts will be **Thursday 12 February**. Orders require a \$15 deposit. Full payment for all shirts that were ordered in 2014 is now due and can be picked up at the uniform shop on Friday mornings between 8.30 - 9.30am.

JB Dance - Classes Cancelled

From today staff from JB Dance have advised that their dance program will not continue here at Tweed Heads Public School. There has been insufficient interest and the program has been cancelled.

Safety Issues

Younger siblings should not be left in cars whilst dropping off or picking up older children. Parents should also have students leave by the kerbside doors of their vehicle to ensure they are out of the way of oncoming traffic.

School Bus Zone Reminder

Parents are also reminded that the parking ranger regularly patrols our school zone. Bus zones are in force from 8.00 - 9.30am and 2.30 - 4.00pm each school day. Parents are also reminded that the bus gate near the K/1M room is not open until 3pm and is for bus departures only.

Law Rule 183 (1): Stop in bus zone (school zone)

Fine: **\$304 and 2 demerit points**

School Photos

School Photos will be taken on **Friday 20 March**. A form will be sent out closer to the time with information and payment for the photos. Prices are below:

Packages - \$32 to \$37	Group Only - \$18
Portrait Only - \$21	Mouse Mat \$15
Mug - \$18	Keyring \$6
Magnet - \$6	

Student Banking

Student Banking takes place every Wednesday. Thank you to Mrs Rebecca Mansfield who is our volunteer School Banking Coordinator. For those students who wish to start banking in 2015 please see the school office for a Commonwealth Bank package on how to get started.

Community News

ORAL HEALTH CARE SERVICES

Dental treatment for children under 18 years of age is free at NSW Public Dental Clinics. Northern NSW Clinics: Tweed Heads, Pottsville and Murwillumbah. For more information please call **1300 651 625** for an appointment time.

CHINDERAH SCOUT GROUP

The 1st Chinderah Scout Group is currently recruiting boys and girls between the ages of 6 & 18 years to join the Scouting fellowship. Chinderah Scout Hall is situated on a beautifully tree laden property on Chinderah Road.

Scouting has a reputation for helping young people develop self-reliance, strong character, respect for others, good citizenship skills and physical and mental fitness. Please contact Group Leader, David Hutchinson on **0417 784 374** or via email at 1stchinderah@gmail.com

TWIN TOWNS KINDERGARTEN

There are still some vacancies and any enquiries for places in 2015 are welcome. Families should contact the centre on **07 5536 1940** or ttk@internode.on.net for forms and further information.

POW MARTIAL ARTS

Teaching self-esteem through self-defence. 2 weeks free!

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When: Thursday 6 - 7pm (NSW) Children 4-11yrs
Thursday 7 - 8pm (NSW) Teens & Adults 12yrs+

Where: Tweed Heads Public School
Entry via Bay Street (cul-de-sac car park)

For more information please call Paul or Tracy on **0468 477 951**, email tracy@powmartialarts.com.au or website www.powmartialarts.com.au



BEATING PICKY EATING

Children with strong food preferences who limit their intake of the needed variety of foods can be a challenge. Some of the following ideas may be helpful:

Remember:

- Parents choose "which" foods, children decide "how much"
- Create a positive environment at the table and make meal times pleasant
- Be a good role model
- Stick to a routine
- Provide the same meals for the whole family
- Take children shopping, involve them in planning and preparation
- Limit sweet drinks and juice so children have an appetite
- If you are stuck in a constant battle, maybe try a different approach

THPS School Chaplain

Craig Underwood is continuing in 2015 as our School Chaplain. He has a new initiative this week. It is the addition of the "Thoughtful Tree".

In our lives we can be bombarded with many things that we have to learn to cope with, and this is just a small way Craig can help our school community cope with anxiety that can develop in our lives if we let it. 'The Thoughtful Tree' has a letterbox for the whole school community to interact with.

One use for the letterbox is the WORRY BOX – with cards attached for people to write their worries down, helping them to get the worry out of their mind where they can either let it fall to the ground and let it go or seek help to overcome it and deal with it. Getting help shows strength not weakness. Students have the non-confronting opportunity to self-refer and ask for help, where Craig as the chaplain can follow up any worries, to help seek solutions or simply listen.

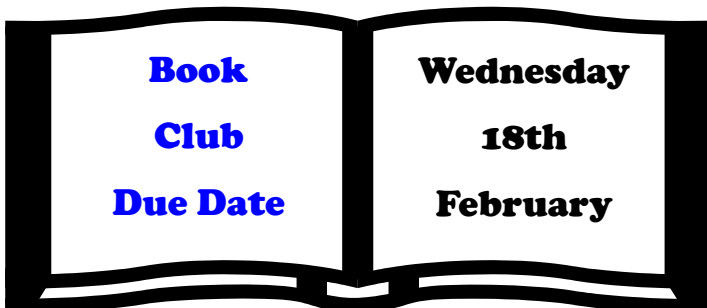
The other use for the letterbox is the THANKFUL BOX, giving people the opportunity to think about all the good things in their life and be grateful. In every hard situation and worry, there is always something good that we can be thankful for. The leaves on the tree are filled with social and emotional skills and encouragements for student to reflect on and be empowered.

This has been such a wonderful addition to Craig's chaplaincy work for the whole school community and it is a practical and effective way to help kids deal with their worries.

Craig Underwood is available for the whole school community on Mondays and Thursdays during the school term.

For more enquiries, please see the school office. If you require any more information, please contact Craig either via the school email tweed-heads.p-school@det.nsw.edu.au or by phone on **0433 980 501**.


Craig Underwood
School Chaplain



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Dr Joseph Bleakley BDS (Ortho), MDS (Syd), FRACDS, MRACDS (Ortho)
 Dr Angie Phelan BDS (Hon) (Ortho), DClinDent (Ortho) (Syd), MOrthRCS (Ed), MRACDS (Ortho)
 Dr Scott McNab BDS (Ortho), MDS (Ortho) (Qld), Dento-maxillofacial Radiography (Qld)

Robina Town Centre 55 787 333
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ECO RANGERS

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- \$55 per day, includes all activities and lunch.
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