



# Tweed Heads Public School Newsletter

**Tuesday 4 November 2019 - Term 4 Week 4**

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1 Stuart Street (PO Box 60) Tweed Heads NSW 2485

**Principal:** Mr Peter Nichols

## Upcoming Events...

### Week 4

Wed 6 Nov Assembly in the hall at 2pm (KR item)  
Thurs 7 Nov KM Storytime in the Garden at 2:30pm  
- parents & younger children welcome  
Fri 8 Nov Early Birds Program

### Week 5

Mon 11 - Stage 3 Lake Ainsworth Camp  
Wed 13 Nov  
Thurs 12 Nov KM Storytime in the Garden at 2:30pm  
- parents & younger children welcome  
Fri 15 Nov Early Birds Program

### Week 6

Wed 20 Nov Assembly in the hall at 2pm  
(5/6C item)  
Thurs 21 Nov Last Scripture Day for 2019  
KM Storytime in the Garden at 2:30pm  
- parents & younger children welcome  
Fri 22 Nov Early Birds Graduation Concert  
1:40pm - 2:40pm

### Week 8

Tues 3 Dec TRHS Orientation Day Year 6 students  
Wed 4 Dec 2020 Captain Speeches in the hall at  
2pm  
Thurs 5 Dec KM Storytime in the Garden at 2:30pm  
- parents & younger children welcome  
Friday 6 Dec Talent Quest Auditions: Years 3 - 6

### Week 9

Tues 10 Dec Talent Quest Auditions: Kinder - Year 2  
Wed 11 Dec K-2 Rewards Day - Banora Point Pool  
9:20am - 2:00pm  
Fri 13 Dec Stage 3 Rewards Day - Murwillumbah  
Pool 9:15am - 2:45pm  
Year 6 Farewell Dinner

### Week 10

**Mon 16 Dec Presentation Day at the Tweed  
Heads Civic Centre (time to be  
confirmed)**

Tues 17 Dec Tweed Talent Quest - 1:00pm in the  
school hall

**Wed 18 Dec Last Day for Students for 2019  
Year 6 Leavers Bell Ceremony  
2:15 - 2:55pm**

Thurs 19 Dec Staff Development Day - NO students  
Fri 20 Dec Staff Development Day - NO students

## From the Principal



*Tweed on tour in the big city*

### **Planes, trains and automobiles (and boats)**

Our North Coast Champion Touch Football team had an epic voyage to Parramatta for the State Finals flying out of Coolangatta at 6am Sunday and returning late last night. The boys tried very hard but were knocked out by eventual winners Harbord in the quarter finals, certainly no disgrace as Harbord were the stand out team at the event and at one stage we were leading them. We bounced back later to win our consolation game against Orange. Thank you to everyone involved in getting them to Sydney via fundraising, donations, organisation and logistics. Our school mufti day raised **\$489.30** to support our team getting to Sydney.

Congratulations to the boys and Mr Regan on what has been a great year of touch football.

### **Advertising**

Is your business interested in advertising in our school newsletter? The rates are very reasonable, please contact Tracy in the office for further information. Our newsletter is published fortnightly with a hard copy or email reaching each family and is also posted on our Facebook page which has a steadily growing audience.

### **2020 planning**

To assist with 2020 planning, if you are certain that your child will not be at THPS next year it would be greatly appreciated if you could inform the office as early as possible. Our enrolments are reaching our capacity (which is a good thing!) and we will start looking soon at classes for 2020. There will be additional information provided regarding this in future newsletters.

### **Ethics**

Our school offers optional Ethics classes which run for 30 minutes on Thursdays delivered by volunteers and running parallel to scripture and non-scripture options. 'Primary Ethics' are looking for new teachers plus a coordinator for 2020. Full training provided. Anyone interested please contact Mr Derek Robertson at drkrobertson@gmail.com who can provide further information.

### **Early Birds on the fly**

It has been wonderful to meet our 2020 Kindergarten students and their parents in recent weeks as part of our Early Birds Program. Last week some of our 'Better Buddies' spoke to our parents to tell them about our Peer Support Program. We look forward to the next 3 weeks of Early Birds culminating with the concert on November 22.

*Brilliant buddies*



### **'No human is limited'**

I am still in awe of Eliud Kipchoge's super human effort to break the 2 hour barrier for the marathon distance. A great example to everyone that anything is possible and that human beings are capable of incredible things when they dedicate themselves to it. We'd love to get Eliud along for our cross country in 2020, I might send him an invitation!!!

*Peter Nichols  
Principal*

### **Year 2 Beach Excursion**

On Wednesday 23 October, Year 2 walked to Coolangatta Beach and Rainbow Bay looking at natural, built and managed features.



### **Tropical Fruit World Excursion**

On Tuesday 30 October, Stage 1 classes visited Tropical Fruit World and enjoyed macadamia cracking, feeding the goats, cows and sheep, cruising on the river and playing on the adventure playground. The highlights were tasting the beautiful Bowen mango and star apple.

**Did you know Tropical Fruit World has 18 varieties of avocados?**



### **Year 2 Art**

2C have been learning about colour and how to make the colours on the colour wheel.



*Can you sing? Can you dance? Can you act?*

*Do you play an instrument?*

*If YES!! Then you should try out for the*

## ***Tweed's Got Talent!***



**Now until Week 8 and 9:** Fine tune your act, including costumes, music and group members. Acts under 2 minutes.

**Friday 6 Dec (Week 8):** Stage 2 and 3 to audition acts. 3 to be chosen from each stage.

**Tuesday 10 Dec (Week 9):** Early Stage 1 and Stage 1 to audition acts.

3 acts from ES1 and 4 from Stage 1 to be chosen.

***CLASS ACTS accepted!!***

**TUESDAY 17 DECEMBER at 1pm.**

## ***Tweed's Got Talent!***

*So be a part of this great  
afternoon of entertainment!*



## Term 4 Week 2 Assembly

### **Student Special Awards**

KM	Will, Savannah, Brooklyn
KR	Evelyn, Sage, Rixen
1C	Kaleb, Khymani, Indigo
1R	Knox, Lexi, Sarina
2C	Jaxon, Xavier, Zahli, Sunny
2W	Cooper, Sophie, Jessie, Isaiah
3/4P	Malibu, Lola, Jett
3/4S	Indigo, Alira, Kobie
3/4W	Annebelle, Sandy, Penny
5/6C	Maxson, Sophia, Dakota, Brooke-Lyn
5/6M	Ivy, Cubin, Shine
5/6R	Cooper, Amelia, Maison



### **Bronze RIPPA Awards**

KM	Jayamar, Johnny, Japman, Shae
1C	Kaleb, Indigo, Kalahni
3/4S	Sonny, Kobie
3/4W	Sophie
5/6C	Ziah
5/6R	Rhianna

### **Silver RIPPA Awards**

KM	Jack, Evie, Will, Karta, Thomas, Savannah, Nate, Brooklyn
KR	Reef, Tahlia, Kai, Ruby-Blaise
1C	Maeve, Amaya, Eli, Caitlyn, Zar
1R	Sean, Charlie
2C	Marshall, Ohara, Zion, Junior
3/4P	Arthur, Chance
3/4S	Maali
3/4W	Chelsea, Quinn
5/6C	Jordan, Dakota, Cerine, Jack, Ziah, Kyla
5/6M	Nardia
5/6R	Jolene, Nicole, Georgina, Rebekah, Shelby, Willem, Maya, Amelia

### **Gold RIPPA Awards**

KR	Jayceon, Sage, Rixen, Evelyn
1C	Tempah-Rose, Shamus
3/4P	Blade, Molly
3/4W	Tennessee, Aurillius, Finian
5/6C	Noah, Avalon, Malachy

## Community News



### What's for Christmas?

What you buy for your family will have an impact six months down the track! Buying activity based presents will give your children motivation and the means to get up, get active or go outside.

Would your child like:

- Boxing gloves and focus pads
- A groovy running outfit
- New footy boots
- Water pistols
- New board shorts
- Something for the bike
- A skipping rope
- A new netball
- A kite
- A Body board
- A magnifying glass
- A hammer and a saw

What got you up and out when you were a child?



Want some great tips on starting school?

[www.kidsmatter.edu.au/starting school](http://www.kidsmatter.edu.au/starting school)



Nutrition Snippet

## The simplest way

...to eat your teeth clean.

Poor snack choices affect your child's weight, teeth and overall health. Try this activity to see what different foods do to teeth.

Eat the following foods, in order, in front of a mirror to see:

**Oreo biscuit** – a “sticky sweet” food that will fall in to all the grooves of the teeth;  
**Carrot** – a firm textured, unprocessed food that increases saliva flow and will remove the Oreo particles;  
**Cheese cube** – a powerful protector of teeth that neutralises mouth acid and remineralises the enamel coating of your teeth.

So stick with “firm favourites” (e.g. fruit and veg) and “powerful protectors” (e.g. cheese, milk, water) and avoid “sticky sweet” foods (e.g. biscuits, cakes, muesli bars, lollies). “Sweet acidic” juice, cordial, sport and soft drinks can attack teeth too.

Courtesy of: Hunter New England Health, Oral Health Promotion Unit, “Healthy Tums Healthy Gums” program.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
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