

Monday 12 August 2019 - Term 3 Week 4

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1 Stuart Street (PO Box 60) Tweed Heads NSW 2485

Principal: Mr Peter Nichols

Upcoming Events...

Week 4 - Science Week

Tues 13 Aug Star Lab Planetarium - visiting Science exhibit
CAPA Enrichment Day at TRHS 9:30am-2:15pm

Wed 14 Aug Star Lab Planetarium - visiting Science exhibit

NO Assembly

Fri 16 Aug Years 5 & 6 English Taster Day at TRHS 8:30am - 2:20pm

Week 5

Thurs 22 Aug Public Speaking in the hall starting at 9:15am

Week 6

Wed 28 Aug Father's Day Stall
Assembly in the hall at 2pm
Thurs 29 Aug Father's Day Stall
Stage 2 Sunshine Coast Camp
Fri 30 Aug Stage 2 Sunshine Coast Camp
Yoga for Kinder & Years 3-6

Week 7

Wed 4 Sept 'Footy Colours Day' to fight Cancer - gold coin donation
Fri 6 Sept Yoga for Kinder & Years 3-6

Week 8

Fri 13 Sept Yoga for Kinder & Years 3-6

Week 9

Wed 18 Sept Assembly in the hall at 2pm
Fri 20 Sept Yoga for Kinder & Years 3-6

Week 10

Fri 27 Sept Last day of Term 3 for staff & students

Term 4

Week 2

Fri 25 Oct Early Birds Program 11:00am - 2:20pm
Early Birds Parent Program 1:30 - 2:00pm
Early Birds Afternoon Tea & pick-up 2:00 - 2:20pm

Week 3

Fri 1 Nov Early Birds Program 11:00am - 2:20pm
Early Birds Parent Program 1:30 - 2:00pm
Early Birds Afternoon Tea & pick-up 2:00 - 2:20pm

From the Principal



Picking winners is a difficult task!

Education Week

What a fabulous education week we had. From our open day to the Spelling Bee to the Book Parade and the Art Show, it was a great celebration of the positive force education can be. I would like to thank our staff for their enthusiasm in preparing for these events and our students for their amazing contributions. It was also very pleasing to have such a large turnout of parents and friends for these events, your support for our school is immensely appreciated.



Lunchtime fitness with Mr BBW (Big Bad Wolf)

To Bee or not to Bee

Around 20 students from Years 3-6 showed great courage and confidence in competing at our Spelling Bee last Monday. After some intense pressure Nicole and Starbella emerged victorious and will represent our school at the next level. Congratulations to everyone who had a go and thank you to Mrs Pollock for conducting the event.

Star Lab Planetarium

We are very excited to receive a visit from the Star Lab Planetarium this week. This is a great opportunity for our students and we thank Miss Robinson for organising this for us. We look forward to photos in due course.

Good Sports

We have had a huge year in sport in 2019 and the past week has been no exception with zone athletics, basketball, rugby league and touch football events. Our boys touch football team have played exceptionally well and are now through to Round 5 of the state knockout. They will take some beating and we wish them all the best for their next match, venue and date tbc. Thank you to the many staff and parents who have contributed and supported our students.

Free Speech

Our Public Speaking extravaganza will be held on Thursday 22 August from 9:15am in the school hall. Parents and visitors are very welcome to attend. Last year we had some inspirational and talented speakers and I am sure this year will be no exception.

A Night at the Opera

Last week our recorder stars performed at the Sydney Opera House as part of the Festival of Instrumental Music. It was an outstanding concert and our students made a great contribution. The quality of the orchestral performances was exceptional, a great credit to public education. Thank you to Miss Cutler for all her work with these students and to her and Mr Regan for escorting them to Sydney.

Tweed Discount books

Our office has 'Locals Love' books for sale which include discount vouchers for over 60 Tweed businesses. The books cost \$50 of which \$20 gets donated to the school. A sample book is in the office to view.

Parking

I have received an email from the Manager of Dolphins Harbourside Hotel indicating that their hotel parking area is now a 'tow away zone'. The Hotel has asked me to request our school community be mindful of this when parking to drop off or collect students. I would suggest any enquiries relating to this be made directly to the hotel or Transport NSW, the school has no authority in this area.

Early Birds Program

We are now accepting Kinder enrolment applications for 2020. Please contact the office for further information. Our Early Birds Program for Kindergarten 2020 students commences on Friday 25 October, more information is on the way.

Help Needed

Our canteen desperately needs volunteers. Even an hour or 2 or 3 just for one day helps, you don't have to commit to regular hours. Currently we are open Wednesday and Friday. Any assistance is greatly appreciated. You can call the school on **07 5536 1351** or Robyn directly on 0415 550 223. Thank you ☺

Peter Nichols - Principal

Star Lab Planetarium

The Star Lab Planetarium note has recently been sent home again. There was an error on the bottom cut-off that has to be returned to school. There was no 'Student Name & Class' spot printed on the note. Please print your child's name on the cut-off sheet before returning it with payment to the school office.

**** We have received several payments with no name on the notes which have been handed in to the office over the past two weeks. If you have not received a receipt for the incursion please contact the office as this payment could be your child's and they may miss out on the activity.**

Father's Day Stall

Father's Day Stall to be held on **Wednesday 28 and Thursday 29 August**. Gifts can be purchased from \$2 - \$10. Students will have a chance to go to the hall with their class to purchase a gift.



Putting the Call Out...

Have you upgraded your mobile phone in the last 5 years and don't need your old smart phone?

If it's in good working order and completely wiped (reset to factory settings), please bring it in to Mrs Fraser in the library. It could be useful to help us to explore space, the Great Barrier Reef and all sorts of amazing places through virtual reality.

Premier's Reading Challenge

Premier's Reading Challenge will end on Friday 30 August.

Found - Car keys

A set of car and other keys were found last Monday. Please see the office if you might be the owner.

Community News

KIRRA SLSC NIPPERS SIGN ON

Free Rashie to all new members! Season Starts on Sunday 22nd September at 9am at Kirra SLSC.

Where: Oasis Pool, Club Banora

When: Sunday 18 August
Sunday 8 September

Time: 9 -11am

For more information please contact the Kirra SLSC.

CANCER COUNCIL—SUNSMART

Clothing and hats provide a barrier between your skin and damaging ultraviolet (UV) radiation – and unlike sunscreen, can't be wiped or washed off!

For the best protection wear:

- Shirts with collars or high necks, and long sleeves.
- Trousers or longer shorts and skirts that come to below the knees.
- Clothing that is loose rather than stretched across the skin.

- A wide-brimmed, bucket or legionnaire-style hat to protect the face, neck and ears.

NORTHERN NSW LOCAL HEALTH DISTRICT

FREE Dental for all children aged under 18. Available at NSW Health public dental clinics in Tweed Heads. Call **1300 651 625** to book a visit for your child.

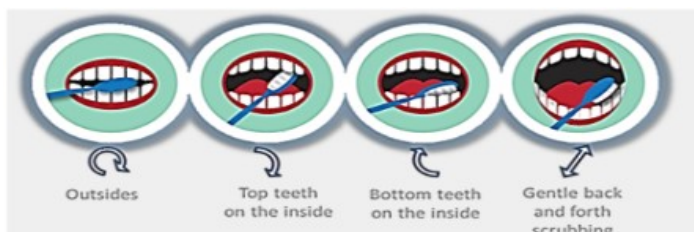


Children aged under 8 need help to clean teeth twice a day

- Use a soft child sized toothbrush and a pea sized amount of flouride toothpaste
- Stand behind the child and allow them to hold the toothbrush too
- Move the brush in small circles using bristles to gently massage teeth and gums
- When cleaning is complete **do** spit out toothpaste, but **don't** rinse

How to Brush:

Move a soft toothbrush in small circles over teeth and gums



PARENT LINE NSW - ONLINE GAMING

Parent Line NSW is a government funded telephone and online counselling service for parents and carers across NSW. We provide free professional support to families with children aged 0 to 18 years.

Parent Line is open 7 days a week from 9am to 9pm weekdays and 4pm to 9pm weekends.

Parent Line receives thousands of calls from parents and carers who are concerned about their child's online gaming. This newsletter outlines the pros and cons of online gaming and provides tips on how to manage your child's usage.

If you have any questions about how Parent Line can support the families within your school community, please do not hesitate to contact us on **1300 1300 52**, at info@parentline.org.au or via the facebook page.



Go4FUN
HEALTHY ACTIVE HAPPY KIDS



Go4Fun - FREE fun program to help kids become fitter, healthier and happier!

Do you have children between 7-13 years old?

The Go4Fun program is a free healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above a healthy weight.

Go4Fun runs for 10 weeks over the school term for children, between the ages of 7-13 years and their parents. Sessions include games, activities, tips on healthy food, label reading, portion sizes plus much more!

Term 3 2019, Go4Fun will be held in Tweed.

To find out more and register visit www.go4fun.com.au or contact us on 1800 780 900.

Northern NSW Local Health District



GREENMOUNT BEACH
H.S.C.
TH&C
NIPPERS SIGN ON!

Sunday 4th August
9am - 3pm

Saturday 24 August
11am - 5pm

Oasis Pools - Banora
Bring togs & Birth Certificate

TEAM T APP TH & C Nippers

Education Week Awards

KM	Brooklyn	Jack
KR	Rixen	Delilah
1C	Zemyrah-Ivy	Kaleb
1R	Alondra	Sean
2C	Ava	Xavier
2W	Nayara	Hector
3/4B	Nikitah	Harmony
3/4S	Maali	Jobe
3/4W	Eliza	Nixon
5/6C	Ebba	Sophia
5/6M	Georgina	Manoah
5/6R	Haillie	Riley



GOLD COAST ORTHODONTISTS

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Stop Hiding and Start Smiling!

Dr Joseph Bleakley BDSc (Qld), MDSc (Syd), FRACDS, MRACDS (Ortho)
Dr Angie Phelan BDSc (Hon) (Qld), DClinDent (Ortho) (Syd), MOrthRCS (Ed), MRACDS (Ortho)
Dr Scott McNab BDSc (Qld), MDSc (Ortho) (Qld), Dento-maxillofacial Radiography (Qld)
Dr Nida Khan BDSc (Hons) (Qld), DClinDent (Ortho) (Adel)

Robina 55 787 333
Helensvale Westfield 55 193 666
Upper Coomera 55 194 623



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School App

It has been great to see that a number of our parents /carers have taken advantage of this new method of communication in the school community. We are looking forward to more people getting on board. Schoolstream is free to download from your iTunes/Google Play store. When downloaded, search for Tweed Heads Public School. Current events are already there and information will be continually updated.



DOWNLOAD NOW

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