



Tweed Heads Public School Newsletter

Monday 23 September 2019 - Term 3 Week 10

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1 Stuart Street (PO Box 60) Tweed Heads NSW 2485

Principal: Mr Peter Nichols

Upcoming Events...

Week 10

Tues 24 Sept

Deadly Choices Graduation - departure from school 8:15am

Wed 25 Sept

K-2 Beach Rewards Day

Thurs 26 Sept

Fruit & Veg Creation Day

Fri 27 Sept

Last day of Term 3 for students and staff

Stage 2 & 3 Rewards Day

Term 4

Week 2

Mon 14 Oct

First day of Term 4 for students & staff

Week 2

Wed 23 Oct

Assembly in the hall at 2pm (3/4S item)

Fri 25 Oct

Early Birds Program 11:00am - 2:20pm

Early Birds Parent Program

1:30 - 2:00pm

Early Birds Afternoon Tea & pick-up

2:00 - 2:20pm

Week 3

Tues 29 Oct

Kinder Currumbin Wildlife Sanctuary

Excursion 9:15am - 4:15pm

Years 1 & 2 Tropical Fruit World

Excursion 9:30am - 2:00pm

Fri 1 Nov

Early Birds Program 11:00am - 2:20pm

Early Birds Parent Program

1:30 - 2:00pm

Early Birds Afternoon Tea & pick-up

2:00 - 2:20pm

Week 4

Wed 6 Nov

Assembly in the hall at 2pm (KR item)

Fri 8 Nov

Early Birds Program 11:00am - 2:20pm

Early Birds Parent Program

1:30 - 2:00pm

Early Birds Afternoon Tea & pick-up

2:00 - 2:20pm

Week 5

Mon 11 -

Stage 3 Lake Ainsworth Camp

Wed 13 Nov

Fri 15 Nov

Early Birds Program 11:00am - 2:20pm

Early Birds Parent Program

1:30 - 2:00pm

Early Birds Afternoon Tea & pick-up

2:00 - 2:20pm

Week 6

Wed 20 Nov

Assembly in the hall at 2pm (5/6C item)

Fri 22 Nov

Early Birds Graduation Concert

1:40pm - 2:40pm

From the Principal

Have Your Say on Before and After School Care

The NSW Government is committed to providing before and after school care to all students of public primary schools in New South Wales. As part of the reform, a parent web form has been established by Service NSW that will enable parents to tell the department about their specific care needs and to stay up to date with any new developments.

The information provided by parents will help the Department of Education to understand your needs, give them insights into where there are gaps in service delivery and help to ensure the extra places are delivered where they are required.

Have your say today at:

<https://www.service.nsw.gov.au/basc>

Swimming

Students from Year 2 have just completed 2 weeks of Intensive Swimming at Banora Point Pools. I'm sure they have all gained confidence and skills in the water.



End of term

Another busy term nearly complete with lots of extra opportunities for the students at Tweed Heads Public School: sporting team events, district competitions, basketball development squads, gymnastics, public speaking, camp, excursions, dance groups, yoga and lunch time clubs. With one week left of term we are also looking forward to a variety of activities for reward days.

Have an enjoyable and safe holiday. School commences for all on **Monday 14 October**.

Jenny Wetherall - Relieving Principal

Term 3 Week 9 Assembly

Student Special Awards

KM	Thomas, Karta, Coco
KR	Delilah, Armani, Kayden
1C	Molli , Jaxon, Amaya
1R	Max, Lulu, Sean
2C	Ava, Jeremy, Arrabella, Harlow
2W	Francis, Cooper, Ernesto, Tahlia
3/4P	Chance, Molly, Malibu, Yiming
3/4S	Oskar, Reef
3/4W	Sandy, Gurman, Annebelle, Neve
5/6C	Malachy, Connor, Ziah, Jayla
5/6M	Matthew, Beau
5/6R	Ethan, Willem, Rhianna

Bronze RIPPA Awards

1R	Max, Lulu, Tahiwai, Alondra, Lux, Jett, Izaiah,
3/4P	Danny-Moon, Jett
3/4S	Mannatveer, Alira
5/6M	Isabella

Silver RIPPA Awards

KR	Valentine, Kayden, Amazhon, Delilah
1R	Brandon, Coco
2C	Sienna, Cooper, Lexi, Xavier, Felix, Arrabella, Hazel
2W	Jessie, Isaiah
3/4P	Nikitah, Molly, Harper, Lexi
3/4S	Ellie-Rain
3/4W	Soraya, Annebelle, Aurillius
5/6C	Sophia, Ebba
5/6M	Brock

Welcome to Tweed Heads Public School

2C	Alexis-Lee
5/6C	Cameron

Piano Award

5/6M Skylia



ESL Awards (English as a Second Language)

KM	Japman, Agnes
1R	Yuri, Khush
2W	Hector
3/4S	Diana
5/6C	Ebba

Gold RIPPA Awards

KR	Irie, Armani
2C	Ava
2W	Hector, Ruby, Jai
3/4W	Liv, Penny, Tennessee
5/6C	Samirra



Public Speaking Finals

The Public Speaking Finals were held last Thursday 19 September at Tweed Heads South PS.

Our school was represented by:

Brandon - Stage 1

Oliver - Stage 2

Ariah - Stage 3.

Oliver came 2nd on the day. Congratulations to you all on such a great effort.



Uniform Shop

The Uniform Shop is open on **Friday mornings** from **8.30 – 9.30am**. EFTPOS is now available.

Yoga

Every Friday for the past 4 weeks, some Kinder and Years 3-6 students have been participating in a Yoga Program. The students seem to return to school excited and thrilled after every session.



"Storytime in the Garden"

Every Thursday afternoon at 2:35pm, commencing on Thursday 17 October (Term 4, Week 1), KM will be having "Story time in the Garden" where we will read books from our library.

KM would like to invite all the pre-schoolers, toddlers and babies of our school community and their parents/carers to join us for this fun event each Thursday during Term 4.

Head towards the KM classroom and you will see us somewhere in the garden. If the weather is inclement, we will have story time in our classroom.

Hope to see you there.

KM and Miss Mitchell



Siblings of Current Students Reminder - Kinder Enrolments for 2020

We are currently taking enrolments for Kindergarten in 2020. Please completed and return the enrolment forms with the appropriate documentation to the office as soon as possible to assist us in organising classes for next year.

Start Daylight Saving

Don't forget - Daylight saving starts on **Sunday 6 October 2019**, at 2:00 am





Sleep is Essential

"Sleep is essential for a healthy life, and it is important to promote healthy sleep habits in early childhood," says Dr. Paruthi, of the American Academy of Sleep Medicine.

How much do you need?

- Infants between 4 and 12 months - 12 to 16 hours of sleep including naps.
- Children 1 and 2 years - 11 to 14 hours
- Children 3 to 5 years old - 10 to 13 hours
- 6 to 12 years old - 9 to 12 hours
- Teenagers to 18 - 8 to 10 hours
- Adults - 7 to 9 hours of sleep each day

Getting the right amount of shut-eye is critical to kids' developing brains and bodies. The consensus from the panel was that if children clock in enough hours of sleep on a regular basis, it will lead to a host of improvements, plus better overall mental and physical health. On the flipside, the researchers found that sleeping fewer than the recommended hours directly affected a child's behavior and increased their risk of a number of potentially harmful and life-long health problems.

Community News

GOLD COAST RECREATION CENTRE

Call to register to get your adventures started. Coast Club at Tallebudgera includes rock climbing, swimming and much more.

Dates: Monday 23 September - Friday 4 October.

Adventures: Full day 9am - 3:30pm
Morning 9am - 12:30pm
Afternoon 12:30 - 3:30pm

To register, call **1800 753 732** or pre-register online

goldcoastrec@qld.gov.au

CARTOONING WORKSHOPS

Where: Burleigh Heads Scouts Hall
32 Stephens Street, Burleigh Heads, QLD

Classes:

- Class 1: Saturday 16 November at 10am - 2pm
- Class 2: Saturday 16 November at 2 - 6pm
- Class 3: Saturday 16 November at 6 - 9pm
- Class 4: Sunday 17 November at 10am - 2pm

Cost: \$29 per class

For more information contact **02 9343 08333**, email booking@cartoonkingdom.com.au or website www.illustrating-man.com.au

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*** School Holiday Programs**

*** After School Programs**